



# COUPE QUÉBEC 2019

(2019-2020)

Saturday and Sunday, October 5 & 6, 2019  
Event starts at 9:00 AM

## Venue

Complexe sportif Claude-Robillard  
1000, Émile-Journault Ave.  
Montreal, QC H2M 2E7

### REGISTRATION FORM (FOR CLUB USAGE ONLY)

REGISTRATION DEADLINE : **Sunday, September 29, 2019 à 10:00PM**

Last name				First name			
Gender	M <input type="checkbox"/>	F <input type="checkbox"/>		Phone number			
Weight (kumite only)	KG			Date of birth (yyyy / mm / dd)			
Belt colour	White <input type="checkbox"/>	Yellow <input type="checkbox"/>	Orange <input type="checkbox"/>	Green <input type="checkbox"/>	Blue/Purple <input type="checkbox"/>	Brown <input type="checkbox"/>	Black <input type="checkbox"/>

#### IMPORTANT INFORMATIONS

In order to answer diverse goals and developmental levels of all participants, four divisions are offered to competitors. The four divisions are *Beginner*, *Intermediate*, *Advance* and *Elite*. As such, competitors can register in these divisions, if their karate experience correspond to the criteria shown below. For those wearing a **brown or black belt**, they can not register in other divisions than *Advance* and *Elite* divisions.

**. Beginner :** white, yellow and orange belts **. Intermediate :** orange, green and blue belts **. Advance :** blue, purple, brown and black belts  
**. Elite :** blue, purple, brown and black belts

- In the *Beginner*, *Intermediate* and *Advance* divisions, participants must be of the age of the category as of October 5, 2019.

- The *Elite* division is aimed for advanced karateka's (BLUE / PURPLE to BLACK belts only) wishing to compete with the best in their age category. These athletes will be able to register in the categories *Youth* (12-13 years old), *Cadet* (14-15 years old), *Junior* (16-17 years old) and *Senior* (kata: 16 years old and older, kumite: 18 years old and over). For juniors categories (*Youth*, *Cadet* and *Junior*), athletes must be of age as of **August 25, 2020**. For *Senior* athletes, they must be of the age of their category as of **May 25, 2020**. All athletes eligible to register in the *Elite* division are welcome.

- For all divisions (*Beginner*, *Intermediate*, *Advance* and *Elite*), only one entry in kata and kumite per participant is allowed. **On the other hand, there will be a double elimination system for all categories and divisions, except where a round robin will be held.**

- Athletes who have participated in the selections of Team Quebec in 2017-2018 and / or 2018-2019 but have not accumulated any points can register in the *Advance* division. However, athletes who have accumulated points must register in the *Elite* Division in the categories where they have accumulated points.

- Karate Quebec reserves the right to inspect registrations to ensure equitable participation for all participants.

KATA		COMBAT – KUMITE – Technical circuit									
Age category	Age category	MALE → weight category (KG)			FEMALE → weight category (KG)						
6 - 7 y/o <input type="checkbox"/>	6 - 7 y/o <input type="checkbox"/>	Circuit technique <input type="checkbox"/>			Circuit technique <input type="checkbox"/>						
8 - 9 y/o <input type="checkbox"/>	8 - 9 y/o <input type="checkbox"/>	-35 <input type="checkbox"/>	+35 <input type="checkbox"/>	-35 <input type="checkbox"/>	+35 <input type="checkbox"/>	-35 <input type="checkbox"/>	+35 <input type="checkbox"/>				
10 - 11 y/o <input type="checkbox"/>	10 - 11 y/o <input type="checkbox"/>	-45 <input type="checkbox"/>	+45 <input type="checkbox"/>	-43 <input type="checkbox"/>	+43 <input type="checkbox"/>	-43 <input type="checkbox"/>	+43 <input type="checkbox"/>				
12 - 13 y/o <input type="checkbox"/>	12 - 13 y/o <input type="checkbox"/>	-48 <input type="checkbox"/>	+48 <input type="checkbox"/>	-45 <input type="checkbox"/>	+45 <input type="checkbox"/>	-45 <input type="checkbox"/>	+45 <input type="checkbox"/>				
14 - 15 y/o <input type="checkbox"/>	14 - 15 y/o <input type="checkbox"/>	-58 <input type="checkbox"/>	+58 <input type="checkbox"/>	-54 <input type="checkbox"/>	+54 <input type="checkbox"/>	-54 <input type="checkbox"/>	+54 <input type="checkbox"/>				
16 - 17 y/o <input type="checkbox"/>	16 - 17 y/o <input type="checkbox"/>	-62 <input type="checkbox"/>	+62 <input type="checkbox"/>	-57 <input type="checkbox"/>	+57 <input type="checkbox"/>	-57 <input type="checkbox"/>	+57 <input type="checkbox"/>				
18 y/o + <input type="checkbox"/>	18 y/o + <input type="checkbox"/>	-78 <input type="checkbox"/>	+78 <input type="checkbox"/>	-60 <input type="checkbox"/>	+60 <input type="checkbox"/>	-60 <input type="checkbox"/>	+60 <input type="checkbox"/>				
35 y/o + <input type="checkbox"/>	35 y/o + <input type="checkbox"/>	-85 <input type="checkbox"/>	+85 <input type="checkbox"/>	-65 <input type="checkbox"/>	+65 <input type="checkbox"/>	-65 <input type="checkbox"/>	+65 <input type="checkbox"/>				
50 y/o + <input type="checkbox"/>	50 y/o + <input type="checkbox"/>	-85 <input type="checkbox"/>	+85 <input type="checkbox"/>	-65 <input type="checkbox"/>	+65 <input type="checkbox"/>	-65 <input type="checkbox"/>	+65 <input type="checkbox"/>				
KATA		COMBAT – KUMITE									
Age category	Age category	MALE → weight category (KG)			FEMALE → weight category (KG)						
12 - 13 y/o <input type="checkbox"/>	12 - 13 y/o <input type="checkbox"/>	-40 <input type="checkbox"/>	-45 <input type="checkbox"/>	-50 <input type="checkbox"/>	-55 <input type="checkbox"/>	+55 <input type="checkbox"/>	-42 <input type="checkbox"/>	-47 <input type="checkbox"/>	+47 <input type="checkbox"/>		
14 - 15 y/o <input type="checkbox"/>	14 - 15 y/o <input type="checkbox"/>	-52 <input type="checkbox"/>	-57 <input type="checkbox"/>	-63 <input type="checkbox"/>	-70 <input type="checkbox"/>	+70 <input type="checkbox"/>	-47 <input type="checkbox"/>	-54 <input type="checkbox"/>	+54 <input type="checkbox"/>		
<del>16 - 17 y/o</del> <input type="checkbox"/>	16 - 17 y/o <input type="checkbox"/>	-55 <input type="checkbox"/>	-61 <input type="checkbox"/>	-68 <input type="checkbox"/>	-76 <input type="checkbox"/>	+76 <input type="checkbox"/>	-48 <input type="checkbox"/>	-53 <input type="checkbox"/>	-59 <input type="checkbox"/>	+59 <input type="checkbox"/>	
16 y/o + <input type="checkbox"/>	16 y/o + <input type="checkbox"/>	-60 <input type="checkbox"/>	-67 <input type="checkbox"/>	-75 <input type="checkbox"/>	-84 <input type="checkbox"/>	+84 <input type="checkbox"/>	-50 <input type="checkbox"/>	-55 <input type="checkbox"/>	-61 <input type="checkbox"/>	-68 <input type="checkbox"/>	+68 <input type="checkbox"/>
PARA-KARATE – RECRATIONAL (registration in one age category and functional limitation)											
Age category	Kata 8 to 11 y/o <input type="checkbox"/>		Kata 12 to 17 y/o <input type="checkbox"/>		Kata 18 y/o and over <input type="checkbox"/>						
Limitations	Physically challenge <input type="checkbox"/>		Visual limitations <input type="checkbox"/>		Intellectually challenge <input type="checkbox"/>		ASD (autism spectrum disorder) <input type="checkbox"/>				

**Registration fees : 1 event : 55 \$ ; 2 events : 60 \$ (For 6-7 y/o : 50 \$ : 1 ev. ; 55 \$ : 2 ev.)**

By participating in the activities of Karate Quebec, I accept that photos or video images taken during various activities may be used for promotional activities, the website and the Internet in general and in audiovisual documents. In addition, I allow Karate Quebec to present montages on television.

#### Registration and payment

.DEADLINE FOR ENTRIES AND PAYMENTS IS FRIDAY, SEPTEMBER 29, 2019 AT 10 PM. Payments are made with Paypal on Sportdata.

**DO NOT SEND FORMS TO KARATE QUEBEC. ALL REGISTRATIONS MUST BE COMPLETED BY CLUBS WITH SPORTDATA.**

Signature: \_\_\_\_\_  
(Parent or tutor, if athlete is underaged)

Date : \_\_\_\_\_

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